

Activities To Do At Home



Legend T=Toddler P=Preschooler

ART

- T & P Play with Playdough (maybe make your own playdough)
- T & P Print/paint with cookie cutters
- T & P Make glue and food coloring suncatchers (in plastic lids)
- P Make paper chains
- P Cut newspapers and magazines
- T & P String circle cereal
- T & P Paint with paint ice cubes

SCIENCE

- P Make volcanoes with baking soda and dish soap/vinegar
- P Make magic milk with dish soap, milk and food coloring
- T & P Make smoothies
- T & P Cook
- T & P Make salty rainbows with food coloring and salt

ENGINEERING

- P Make a rainbow with Lego's
- P Make a tower with cans, storage containers, etc.
- P Make bridges with cereal boxes or other boxes, and find which one is the strongest
- T & P Make ramps and tunnels with paper tubes and find balls that will roll through them
- P Build a car with Leggo's or plastic milk jug lids and skewers

FINE MOTOR

- T & P Put pipe cleaners into the holes of a colander
- T & P Pour water to ice cube trays
- T & P Press tissue paper to contact paper
- T & P Place cereal into muffin tins
- T & P Clip clothespins to cardboard
- T & P Wrap rubber bands around cans

MUSIC

- T & P Put on some music and have a dance party
- T & P Draw to music
- T & P Dance with ribbons/scarves
- T & P Move like different animals
- T & P “Skate” on paper plates
- T & P Run, hop, skip, etc. from one place to another

GROSS MOTOR

- T & P Wad paper and toss
- T & P Play with balloons
- T & P Make an obstacle course
- T & P Play hopscotch
- T & P Ride bikes

LITERACY

- T & P Read books
- T & P Act out your favorite books (maybe make props together)
- T & P Listen to stories
- T & P Label items around the house
- T & P Go on a letter/word/number etc. hunt

SOCIAL EMOTIONAL

- T & P Look through books or magazines for peoples faces-discuss how they are feeling and why
- T & P Play games where you have to take turns
- T & P Play with puppets to explore emotions
- T & P Take care of stuffed/plastic animals